



Implant Care Instructions

- 1) The implant and healing cap above the gum tissue are extremely vulnerable to bite pressure the next 6-8 weeks. Pressure on the implant and healing cap could cause implant failure.
- 2) Care for the implant area in the first 6 weeks by gently brushing and flossing in area but taking care not to create pressure on the healing cap.
- 3) Rinse gently with 1 teaspoon of antibiotic rinse and then spit out once a day for the first week.
- 4) Do not allow plaque and food debris to build up on gum tissues around implant. This will slow healing and increase the risk of implant failure. Clean the area gently with a Q-Tip dipped into the antibiotic mouth rinse 2-3 times a day.
- 5) Pain control is best accomplished by taking 600mg ibuprofen (3 standard over the counter 200mg tablets) every 6 hours for 3 days. Narcotic pain medication is provided as well for break through pain. You may or may not need this narcotic medication for the first 2-3 days.
- 6) Do not play with the stitches or remove them yourself. If you have questions call our office or schedule a follow up appointment.
- 7) You must keep your follow up appointments to maintain the integrity of the implant healing process.
- 8) The stitches are typically removed in 1-2 weeks.
- 9) **If you have a temp crown inserted at the time of implant or graft placement, do NOT use the temporary for any biting function. The temporary crown is for cosmetic purposes only. Bite pressure on the implant temporary crown could easily cause failure of the implant and graft. Our staff has reduced the temporary crown in height on purpose so that it does not contact your other teeth when you close.**