Hygiene and Maintenance for Full Arch Implant Bridges

1) Implants just like natural teeth can be lost due to poor home hygiene of your mouth. Many studies show that once periodontal or gum disease occurs in implants it can progress more rapidly than in natural teeth. Prevention is the most important approach with a combination of good in-office and home care.

2) Many items can be used to effectively clean around implants and implant bridges and must be completed 2-3 times per day:
   a. Super floss
   b. Water Picks
   c. Proxi-brushes
   d. Toothbrushes with use of denture paste

3) Regular hygiene visits are required and extremely important every 4-6 months when we will evaluate your bridge for plaque build-up or red and inflamed gum tissues. Small problems with tartar or plaque build-up can be treated very effectively if identified early before bone is lost around implants. Later stage problems can be very difficult and expensive to treat and can result in loss of your bridge.

4) If the tissues around the implant bridge become red/inflamed or if calculus builds up, the bridge should be removed and cleaned in ProClean tartar and Stain Remover.