



Temporary Crowns or Bridges

You have just received an **acrylic temporary restoration** that will provide protection for your tooth for a short period of time while the lab custom makes your final restoration. A few notes about this restoration will be helpful to you.

Chewing

- 1) The temporary cement requires about one-half hour to set. Please do not chew on the tooth during that time or the cement may not set.
- 2) Temporary restorations are only moderately strong. Uncommonly but occasionally (especially in people who grind), they may break or come loose. If this occurs, please call us so that we may remake/re cement the temporary for you. If you are out of town and the crown has come off, carefully clean out the previous cement. Then go to a pharmacy and purchase a temporary dental cement or denture adhesive (Fixodent). You may also try toothpaste as a very temporary replacement for cement. Replace the temporary on your tooth with the new material inside and seat firmly. Make sure it is in the proper orientation; then bite down all the way to hold it in place. **Please do not leave the temporary restoration out of your mouth for an extended period of time because the surrounding teeth may move and the final restoration may not fit.**
- 3) Sticky and hard foods and gum may stick to the temporary restoration and cause it to come out. **Please avoid sticky and hard foods and gum.** This is not the case with the permanent restoration.
- 4) After eating, please floss around the temporary. Floss down then pull the floss out the cheek side of the contact area between the teeth. **Do not pull or snap the floss back up out of the contact.**

Color

The color of the temporary restoration does not necessarily resemble the color of the final restoration.

Sensitivity

Temporary restorations are not as insulating as final restorations. Mild to strong sensitivity to hot, cold or sweets commonly occurs in the temporary phase and even a few weeks into the final restoration in some patients. Please use over-the-counter medications such as ibuprofen or Tylenol.